

# Statin Use Measures



At Wellcare, we value everything you do to deliver quality care to our members – your patients. We appreciate your commitment to their positive healthcare experience.

## Quality Measures

Below are two examples of Centers for Medicare & Medicaid Services (CMS) Star Ratings, which use statin therapy to evaluate health plans.

Quality Measure	Description
<b>Statin Use in Persons with Diabetes (SUPD)</b>	Percentage of patients ages 40-75 years with at least two diabetes medications dispensed who also received a statin medication fill during the year.
<b>SUPD Exclusions*</b>	Patients enrolled in hospice or with a diagnosis of end-stage renal disease (ESRD), rhabdomyolysis, myopathy, pregnancy, lactating, fertility, cirrhosis, pre-diabetes, and/or polycystic ovary syndrome.
<b>Statin Therapy for Patients with Cardiovascular Disease</b>	Percentage of males ages 21-75 years and females ages 40-75 years who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and received at least one high- or moderate-intensity statin medication during the year.
<b>SPC Exclusions*</b>	Members enrolled in hospice or with a diagnosis of ESRD, rhabdomyolysis, myopathy, pregnancy, in vitro fertilization, and/or cirrhosis. Also, members 66 years old as of Dec. 31 of calendar year with frailty and/or advanced illness.

\*Not an all-inclusive list

(continued)

*For more than 20 years, Wellcare has offered a range of Medicare products, which offer affordable coverage beyond Original Medicare. Beginning Jan. 1, 2022, our affiliated Medicare product brands, including Allwell, Health Net, Fidelis Care, Trillium Advantage, 'Ohana Health Plan, and TexanPlus transitioned to the newly refreshed Wellcare brand. If you have any questions, please contact Provider Relations.*



By Allwell  
By Fidelis Care  
By Health Net  
By 'Ohana Health Plan  
By Trillium Advantage

## Action

For your convenience, we have listed high- and moderate-intensity statin medications. Please visit [www.wellcare.com](http://www.wellcare.com) to see a list of covered statins under your patient's plan.

High-Intensity*	Moderate-Intensity*		
atorvastatin 40, 80 mg	lovastatin 40 mg	simvastatin 20, 40 mg	rosuvastatin 5, 10 mg
rosuvastatin 20, 40 mg	pravastatin 40, 80 mg	atorvastatin 10, 20 mg	

\*Not an all-inclusive list

## Rationale

The rationale behind these recommendations is to promote ASCVD primary and secondary prevention in high-risk populations, such as patients with diabetes.

### American College of Cardiology (ACC)/American Heart Association (AHA) Guideline on the Management of Blood Cholesterol

Patient Risk Category	ACC/AHA Recommendation
Patients 40-75 years of age with diabetes and LDL-C $\geq$ 70 mg/dL	A moderate-intensity statin
Patients 40-75 years of age without diabetes with LDL-C $\geq$ 70 mg/dL and ASCVD risk $\geq$ 7.5%	A moderate-intensity statin
Patients with severe hypercholesterolemia (LDL-C level $\geq$ 190 mg/dL)	A high intensity statin
Patients with established clinical ASCVD	A high intensity statin

**We recognize that you are best qualified to evaluate the potential risks versus benefits in choosing the most appropriate medications for your patients.**

#### Reference

Grundy SM, Stone NJ, Bailey AL, Beam C, Birtcher KK, Blumenthal RS, Braun LT, de Ferranti S, Faiella-Tommasino J, Forman DE, Goldberg R, Heidenreich PA, Hlatky MA, Jones DW, Lloyd-Jones D, Lopez-Pajares N, Ndumele CE, Orringer CE, Peralta CA, Saseen JJ, Smith SC Jr, Sperling L, Virani SS, Yeboah J. 2018 AHA/ACC/ AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA guideline on the management of blood cholesterol: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2018;0:1-120. DOI: 10.1161/CIR.0000000000000625.

