

Family Planning and LARC

Arizona Complete Health-Complete Care Plan members may obtain family planning services and supplies from any qualified family planning provider. These services are covered for members who voluntarily choose to delay or prevent pregnancy. These services include medical, surgical, pharmacological, laboratory services, and contraceptive counseling, as well as contraceptive devices (including Long-Acting Reversible Contraception (LARC) like Intrauterine Devices (IUDs) and subdermal implantable contraceptives).

LONG-ACTING REVERSIBLE CONTRACEPTION

Long-acting reversible contraceptives (LARCs) are safe and provide the highest level of effectiveness in preventing unintended pregnancies of any reversible method of contraception (*American College of Obstetricians and Gynecologists [ACOG], 2017*). Unlike other forms of birth control (such as barrier methods, birth control pills, and sterilization), LARC requires no action on the part of the user after the device is in place, have high rates of user satisfaction and method continuation, work over long periods of time, and can be reversed.

Beyond preventing unplanned pregnancies, research indicates that effective contraception helps prevent poor birth spacing, thereby reducing the risk of low-weight and/or premature birth. It can also be essential to a woman's long-term physical and emotional well-being. LARCs can last between 3 and 10 years (depending on the method) without requiring daily, weekly, or monthly user effort. The Centers for Disease Control and Prevention has identified LARCs as among the most effective family planning methods with a pregnancy rate of less than 1 pregnancy per 100 women in the first year. For comparison, the contraceptive pill has a rate of 9 pregnancies per 100 women in the first year, while the male condom has rate of 18 pregnancies per 100 women in the first year. While Medicaid agencies typically reimburse for multiple types of contraception, LARCs possess a number of advantages: they are cost-effective, have high efficacy and continuation rates, require minimal maintenance, and are rated highest in patient satisfaction.

ADDITIONAL INFORMATION

Please refer to your contract or Arizona Complete Health-Complete Care Plan website <https://www.azcompletehealth.com> for additional information regarding authorization requirements and reimbursement for services provided.

If you have questions regarding the information contained in this update or if additional education is needed please contact your Provider Engagement Specialist or email AzchProviderEngagement@azcompletehealth.com.

THIS UPDATE APPLIES TO THE FOLLOWING **AzCH-Complete Care Plan** PROVIDER TYPES:

- Physicians
- Medical Groups/IPAs
- Hospitals
- Ancillary Providers

PROVIDER SERVICES

AzCHProviderEngagement
@azcompletehealth.com
1-866-796-0542
azcompletehealth.com

PROVIDER DISPUTES

AzCH-Complete Care Plan Provider Disputes
1870 W. Rio Salado Parkway, Suite 2A Tempe, AZ 85281

STATE FAIR HEARINGS

AzCH-Complete Care Plan Provider State Fair Hearings
1870 W. Rio Salado Parkway, Suite 2A Tempe, AZ 85281