

Clinical Policy: Buprenorphine HCl Sublingual Tablets

Reference Number: AZ.CP.PHAR.10.11.9

Effective Date: 06.27.18 Last Review Date: 09.13.18

Line of Business: Arizona Medicaid Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

### **Description**

Buprenorphine Sublingual is a mixed opiate agonist-antagonist, a partial mu-receptor agonist.

### FDA approved indication

Buprenorphine sublingual tablets are indicated for the treatment of opioid dependence and is preferred for induction. Buprenorphine should be used as part of a complete treatment plan that includes counseling and psychosocial support.

Limitation of use: this policy is for buprenorphine sublingual tablets only and not for other dosage formulations of buprenorphine.

#### Policy/Criteria

Provider <u>must</u> submit documentation (including office chart notes and lab results) supporting that member has met all approval criteria

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that buprenorphine sublingual tablets are **medically necessary** when the following criteria are met:

# I. Initial Approval Criteria

### A. Opioid Dependence

- 1. Diagnosis of opioid Dependence
- 2. Pregnant or nursing woman in a Medication Assisted therapy (MAT) program with one of the following ICD-10 codes:
  - a. O09.91 Supervision of high risk pregnancy, 1<sup>st</sup> trimester
  - b. O09.92 Supervision of high risk pregnancy, 2<sup>nd</sup> trimester
  - c. O09.93 Supervision of high risk pregnancy, 3<sup>rd</sup> trimester
  - d. O09.90 Supervision of high risk pregnancy use for post-partum nursing mothers.

OR

- 3. Documentation of failure, contraindication or clinically significant adverse effects experienced with Suboxone Film. (See General Information for more details about adverse effects.)
- 4. Dose does not exceed 24mg per day

**Approval duration: 12 months** 



## **II. Continued Therapy**

# A. Opioid Dependence (must meet all):

- 1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
- 2. Documentation of positive response to therapy
- 3. One of the following conditions is met:
  - a. Member has NOT received an opioid analgesic since last approval;
  - Prescriber submits documentation acknowledging that the use of opioid during the last approval period was due to legitimate diagnosis of pain;
  - c. Member is still pregnant or nursing
  - d. Confirmation that prescriber is evaluating random drug screens
- 4. If request is for a dose increase, new dose does not exceed 24 mg per day

## **Approval duration: 12 months**

## III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Pain Management
- **B.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off-label use policy CP.PMN.53.

# IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key N/A

#### Appendix B: General Information

- Brand name Subutex (buprenorphine) is no longer on the market.
- Because of the potential for naloxone to precipitate withdrawal in both mother and fetus, pregnant women who are deemed to be appropriate candidates for buprenorphine treatment should be inducted and maintained on buprenorphine monotherapy.
- Buprenorphine is intended for use at the beginning of treatment for drug abuse.
- Suboxone contains both buprenorphine and the opiate antagonist naloxone and is intended to be the formulation used in maintenance treatment of opiate addiction.
- Use of naloxone may cause symptoms of opioid withdrawal to include: restlessness, irritability, body aches, dizziness, weakness, diarrhea, stomach pain, nausea, fever, chills, and runny nose in the absence of a cold.
- An adverse effect is an undesired harmful effect resulting from the medication. An allergy is an adverse drug reaction mediated by an immune response such as rash, hives, swelling of lips, tongue throat.
- Adverse effects of buprenorphine can include: nausea, vomiting, constipation, muscle cramps and aches, cravings, insomnia, irritability, fever.
- The Drug Addiction Treatment Act of 2000 (DATA 2000), limits office-based use of buprenorphine (Subutex) to physicians who meet special training criteria and can provide appropriate services.



Pharmacists who seek information to verify whether or not physicians have valid waivers can check: <a href="http://www.buprenorphine.samhsa.gov/bwns\_locator/index.html">http://www.buprenorphine.samhsa.gov/bwns\_locator/index.html</a> OR 1-866-BUP-CSAT OR email at <a href="info@buprenorphine.samhsa.gov">info@buprenorphine.samhsa.gov</a>

Appendix C: Therapeutic Alternatives

Drug	Dosing Regimen	Dose Limit/ Maximum Dose
Suboxone oral Dissolving Film (buprenorphine- naloxone)	Induction: Titrate to 8 mg/2 mg SL on Day 1 and 16 mg/4 mg SL on Day 2; then start maintenance treatment  Maintenance: Target dose: buprenorphine 16 mg/naloxone 4 mg once daily; dosage should be adjusted in increments or decrements of 2 mg/ 0.5 mg or 4 mg/1 mg to a level that maintains treatment and suppresses opioid withdrawal symptoms; usual range: 4 mg/1 mg to 24 mg/6 mg per day	24mg/6 mg per day

# V. Dosage and Administration

Indication	<b>Dosing Regimen</b>	Maximum Dose
Opiate dependence	Induction:	24 mg/day
	Titrate in 2-4 mg	
	increments until clinical	
	effect achieved.	
	Maintenance:	
	Target dose of 16mg as a	
	single daily dose. Doses	
	ranging from 4-24mg day	
	may be required.	

## **Product Availability**

Buprenorphine sublingual tablets 2 mg and 8 mg



#### VI. References

- 1. Buprenorphine. Substance Abuse and Mental Health Services Administration (SAMHSA). Retrieved from the World Wide Web September 12, 2018 at <a href="http://www.samhsa.gov/medication-assisted-treatment/treatment/buprenorphine">http://www.samhsa.gov/medication-assisted-treatment/treatment/buprenorphine</a>
- 2. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2018. Available at: http://www.clinicalpharmacology-ip.com/
- 3. Buprenorphine Drug Monograph. Clinical Pharmacology. Accessed September 2018. <a href="http://www.clinicalpharmacology-ip.com">http://www.clinicalpharmacology-ip.com</a>.
- 4. AHCCCS Pharmacy Updates June 2018
  <a href="https://www.azahcccs.gov/PlansProviders/Downloads/PharmacyUpdates/Buprenorphine">https://www.azahcccs.gov/PlansProviders/Downloads/PharmacyUpdates/Buprenorphine</a>
  MATUpdate6272018.pdf
- Subutex Prescribing Information. North Chesterfield, VA: Reckitt Benckiser HealthCare (UK) Ltd. Available at: <a href="https://www.suboxone.com/content/pdfs/SUBUTEX\_Prescribing\_Information.pdf">https://www.suboxone.com/content/pdfs/SUBUTEX\_Prescribing\_Information.pdf</a> Accessed September 12, 2018.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Converted to new template Added references Annual Review – no clinical changes	9/13/18	

### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and



limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

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**Note:** For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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